

Pamela Elaine Nichols

Bio

Pamela Elaine Nichols is a growth strategist and insightful problem-solver for businesses and individuals.

As a coach, trainer, speaker, and possibility-thinker, the strategies and techniques she offers to her clients consistently deliver breakthroughs and self-discovery.

Before starting her own business, Pamela Elaine made important contributions to health care during her extensive career at the University of Pennsylvania Health System, The Robert Wood Johnson Foundation, Virtua Health of South Jersey, and United Concordia – one of the largest dental companies in the U.S.

Pamela Elaine has a dynamic and engaging personality. As such, she has been a guest on numerous radio and news spots to promote health, happiness, and success for women. She appeared on ***The Dr. Oz Show*** to share her story about building her business as a healthy way to bounce back after divorce. She is an author. Her book, *Muddy High Heels: 14 Lessons Learned From My Breakdown, Breakup and Breakthrough*, reveals what holds women back from feeling good enough, and teaches lessons to live authentically.

In addition to a passion for empowering women, Pamela Elaine is a singer/songwriter and produces inspirational videos. One of her songs was the theme for a radio program on 900AM WURD, Philadelphia. She co-produced an original 3-part series on divorce recovery that airs on public television.

Pamela Elaine is a Certified Six Sigma Black Belt in business process improvement, holds a Bachelor of Arts Degree in Biology from California State University at Northridge, and a Master of Health Sciences Degree from The Johns Hopkins University School of Public Health. She founded and serves as Executive Director and Creative Producer of a non-profit, 501c3 entertainment company that inspires victims of abuse to find healing artistic performance.

Pamela Elaine is a cool mom of four and resides outside of Philadelphia, PA.